

# שבת שלום

## ***Building On Our Legacy***

January 15-16, 2016

6 Shevat 5776

*Parashat Bo*

Etz Hayim pp. 374-394

## **Shabbat Shalom**



**Ita Paskind, Rabbi** rabbipaskind@congbethel.org

Amy SantaLucia, Nitzan Nursery School nitzan@congbethel.org

Al Treidel, Navasky School Director navasky@congbethel.org

Sharon DeFala, President president@congbethel.org

### **Service Times**

- \* Monday-Friday: 8:00AM
- \* Friday Shabbat Evening: 6:30PM
- \* Shabbat Morning: 9:30AM
- \* Sunday Morning services can be scheduled by request.
- \* Major Secular Holidays: 9:00AM

### **Beth El-Norwalk**

109 East Avenue, Norwalk, CT 06851

(203) 838-2710 or office@congbethel.org

www.congbethel.org

# Weekly Torah

Parashat Bo takes its name from the first word of God's command to Moses, "Go (*Bo*) to Pharaoh." Moses and Aaron continue to plead with Pharaoh to let the Israelites go free. Because he refuses, the Egyptians are punished with plagues of locusts, darkness, and, finally, the death of their firstborn. Pharaoh tells Moses, "Be gone from me!" God then tells Moses that, after the last plague, Pharaoh will let the Israelites leave. That midnight Moses leads the Israelites out of Egypt and proclaims that each year on the evening of the fourteenth day of the first month a festival lasting seven days will be celebrated in order to recall their liberation from Egypt. *Matzah*, or "unleavened bread," shall be eaten during the seven days, and on the first night of the festival the children will be told how God freed their people from the house of bondage.

*From: A Torah Commentary for Our Times by Harvey J. Fields*

**Shabbat Morning Bimah Officer, 1/16 - Josh Lander**

**Shabbat Morning Greeters, 1/16 - Win Baum**

**Shabbat Morning Bimah Officer, 1/23 – Andrew Moss**

**Shabbat Morning Greeters, 1/23 – Steve Freshman**

## THE WEEK AHEAD

**Friday, January 15**, 4:32pm Candle Lighting, 6:30pm Kabbalat Shabbat Service

**Saturday, January 16**, 9:30am Shabbat Service

**Sunday, January 17, No Navasky**, 10:00am Torah Trope Class

**Monday, January 18, MLK Day, Nitzan/Office Closed**, 8:00am Minyan

**Tuesday, January 19**, 8:00am Minyan, 9:15am Mishnah Class, 4:15pm Navasky

**Wednesday, January 20**, 8:00am Minyan

**Thursday, January 21**, 8:00am Minyan

**Friday, January 22**, 8:00am Minyan, 4:40pm Candle Lighting, 6:00pm Grades 5-8 Shabbaton, 6:30pm Kabbalat Shabbat Service

**Saturday, January 23**, Grades 5-8 Shabbaton, 9:30am Shabbat Service with special Tu Bishvat dessert

**Please join us for Shabbat morning services at 9:30am!**

## **Please RSVP to the Office for the Adult Education classes**

**See Bulletin Board for Details of all our Adult Education classes**

### **CONTINUING CLASSES**

**Adult Torah Trope Class**, Sundays, 1/17, 2/21, 2/28, 3/6, 3/27, 4/3, 10:10am-11:00am with Riva Silverman

**Learners' Minyan**, Sundays, 9:30am on Navasky days, with Rabbi Paskind. For all adults. Increase your comfort with the service. Questions welcome!

**Bowspring Yoga**, Sundays, 2/7, 3/13, 4/17, 5/1, 11:00am-12:00pm with Ali Hurwitz

**Coming Face to Face with the Holocaust**, Monday, 3/14, 4/4, 5/9 12:15pm - 1:30pm with Al Treidel

### **WEEKEND OF JANUARY 29-31**

Please join us for this busy and fun-filled weekend!

**Friday, 1/29, Share-A-Shabbat Dinner Program** kicks off with 14 families hosting Shabbat dinner in their homes. If you would like to open your home for a future Share-A-Shabbat dinner, please contact Michelle Fanwick. The Kabbalat Shabbat service will start at 8:00pm that evening and will be followed by a special oneg—all are encouraged to join us.

**Saturday, 1/30, New Member Shabbat.** A special Shabbat to welcome new members.

**Sunday, 1/31, Taste of Torah.** Spend a Sunday afternoon studying with rabbis from all over Fairfield County.

### **YOUTH**

**Shabbaton, Grades 5-8**, Friday & Shabbat, 1/22 and 1/23

**Mall Scavenger Hunt, Grades 8-12**, Sunday, 1/31, more info to come

### **UPCOMING TOT SHABBAT DATES**

**January 30**, 10:30am and **February 6**, 10:30am

### **TU BISHVAT**

**Saturday, 1/23**, A Special Tu Bishvat dessert at Kiddush to celebrate.

### **VOLUNTEER**

**Soup Kitchen**, Thursday, 2/11, 10:30am-12:00pm to set up and/or 12:15pm-2:00pm to serve. For more info, contact Stephanie Gordon.

## **REMINDER**

The Gift Shop is open and Knit n' Nosh will meet every Sunday that Navasky is in session.

## **GO PAPERLESS!**

Congregation Beth El now offers a paperless option to who desire it. Call the Office, 203.838.2710 or email [paperless@congbethel.org](mailto:paperless@congbethel.org) and you will no longer receive paper notifications.

## **Yahrzeit Plaques**

We are now taking orders for new Yahrzeit Plaques. You can now permanently memorialize your loved ones who are no longer with us, or purchase "Reserved" plaques for you and/or your family. For info and pricing please contact the office, 203-838-2710 or Ellen Gordon, Chairperson /Yahrzeit Plaques, 203-246-4424.

## **Yahrzeit Letters**

Yahrzeit Letters will now be emailed out instead of mailed. Anyone who does not use email will still receive paper notices. Please check your Inbox or Junk/Spam Folder if you have an upcoming Yahrzeit.

## **SPONSOR A KIDDUSH**

Sponsoring a Kiddush just got easier! Celebrate a simcha with the congregation: a birthday, anniversary or special event. \$180 covers the cost of our regular Shabbat Kiddush. Celebrate with the community!

## **PUBLICIZE YOUR UPCOMING BETH EL EVENT**

We want to publish your upcoming Beth El events. Please share the event information with the office at least 2 weeks in advance.

## **SUPPORT BETH EL: BUY FOOD AND GIFT CARDS!**

**A percentage of your purchase directly supports our synagogue!**

**RIGHT NOW:** 10% discount off 1<sup>st</sup> purchase for all new returning participants and those returning after a year or more, thanks to a generous food card participant!

### **Food Certificates**

Please call to reserve or for delivery.

### **Gift Cards**

Call for a copy of our list of 50+ stores.

Synagogue: 203.838.2710, Harry: 203-846.2646